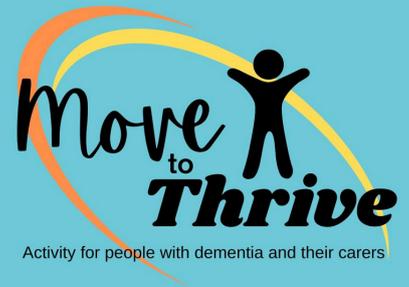




Telford & Wrekin
Co-operative Council



Move to Thrive



Movement To Music sessions for people with dementia and their carers

Led by a qualified instructor, with social time and refreshments

Every Tuesday, 10.45am to 12noon

Every Thursday, 1.30pm to 2.45pm

At Oakengates Rest Rooms, Oakengates

Just £5 per person with dementia (carers free)

Booking per session essential – as a referral or self-referral

Need support to get to these sessions?

Contact us to find out about support available from trained support workers

To book a place or find out more contact

enquiries@community-resource.org.uk or call 01743 360641

