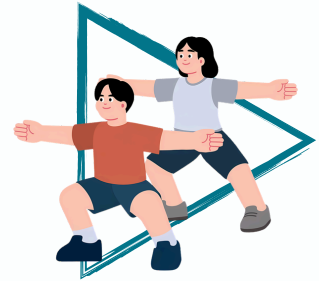


Activity for All

Bespoke activities for adults aged 18+ living with a learning disability in Telford

Starting 1 April 2026

- Instructor-led gym sessions in Stirchley
- Footgolf in Horsehay
- Yoga in Sutton Hill
- Gymnastics in Wellington
- Cycling in Telford Town Park
- Multisports and outdoor pursuits in Wellington
- Swimming in Newport
- Dancing in Randlay
- Movement To Music in Wellington
- Ten Pin Bowling in central Telford
- Basketball in Stirchley
- Dry slope tubing in Madeley
- Bowls, Boxing and New Age Kurling in Sutton Hill



Find out more



To book a place from 16 March 2026 onwards, and for full details including cost and venue please call 01952 567960 (answerphone in operation) or email enquiries@harpc.org.uk

www.healthytelford.com/activity-for-all